

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health

**6 CCR 1010-7:6-101**

**6 Colo. Code Regs. 1010-7:6-101**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-101. Employee Health.**

Employees shall be in good health and be free from communicable disease while caring for children, preparing food or employed in any capacity where there is a likelihood of transmitting disease to others at the facility.

**6 CCR 1010-7:6-102**

**6 Colo. Code Regs. 1010-7:6-102**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-102. Immunization.**

Children in care shall be immunized as required by Sections 25-4-901 *et seq.* and Sections 25-4-1704 ET SEQ., C.R.S., the 1993 *Rules of the Colorado Board of Health Pertaining to the Immunization of Students Attending School*. The official Certificate of Immunization or Exemption shall be on file.

**6 CCR 1010-7:6-103**

**6 Colo. Code Regs. 1010-7:6-103**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-103. Communicable And Infectious Disease Control.**

(a) Child care facilities shall manage and control disease transmission through consultation with their nurse consultant, and the Department, and by utilizing and implementing, where necessary, currently recognized guidelines, such as "*Infectious Disease In Child Care Settings, Guidelines for Child Care Providers.*"

(b) Reportable communicable diseases and disease outbreaks shall immediately be reported to the Department.

(c) A child who is ill upon arrival at the center shall not be admitted. Each child shall be observed for common signs of illness.

(d) When a child is ill, he or she shall be separated from other children until the parent or guardian can pick up the child.

(e) Child care staff shall wear gloves when in contact with blood, feces and other high hazard body fluids.

**6 CCR 1010-7:6-104**

**6 Colo. Code Regs. 1010-7:6-104**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-104. Demonstration of Knowledge.**

Upon request, the person or persons performing a specific task shall demonstrate to the regulatory authority knowledge of communicable disease prevention as it relates to the specific task. This will be determined by staff's ability to show knowledge of the following:

- (a) When, where, and how handwashing is required;
- (b) When to prohibit staff members from caring for children;

(c) When to prohibit handling and preparation of food;

- (d) Proper diapering procedure;
- (e) Proper sanitization and disinfection of surfaces and toys.

6 CCR 1010-7:6-201

6 Colo. Code Regs. 1010-7:6-201 Alternatively cited as 6 CO ADC 1010-7

1010-7:6-201. Staff Handwashing.

Staff members shall practice adequate handwashing by moistening hands with warm running water, applying soap, and washing vigorously until a soapy lather appears. Staff shall continue washing for at least 10 seconds, rubbing areas between fingers, around nail beds, under fingernails, under jewelry and the backs of hands. Staff shall then rinse hands under running water until they are free of soap and dirt. Staff shall dry hands with clean disposable towels or a mechanical drying device:

- (a) After using the toilet, changing diapers or assisting a child with toileting;
- (b) After handling soiled dishes, soiled tissues, soiled diapers or other soiled laundry;
- (c) Immediately after reporting to work;
- (d) Before handling food or food utensils;
- (e) After handling pets, or other animals or having any contact with their cages;
- (f) When hands become contaminated with body fluid such as after sneezing, coughing, or nose blowing;
- (g) Before and after administration of medications and first aid;
- (h) After removing or changing gloves;

(i) Before and after handling sensory tables;

(j) After cleaning activities; and

(k) At any other time their hands become soiled.

**6 CCR 1010-7:6-202**  
**6 Colo. Code Regs. 1010-7:6-202**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-202. Handwashing by Toddlers and All Older Children.**

Children shall be taught to wash their hands properly. Children shall moisten hands with warm running water, applying soap, and washing vigorously until a soapy lather appears. Children shall continue washing for at least 10 seconds, rubbing areas between fingers, around nail beds, under fingernails and the backs of their hands. Children shall rinse hands under running water until they are free of soap and dirt. Children's hands shall then be dried with clean disposable towels or a mechanical drying device:

(a) After using the toilet, or diapering;

(b) Before and after preparing or eating food;

(c) When hands become contaminated with body fluid such as after sneezing, coughing, or nose blowing;

(d) After coming in from the outdoors;

(e) Before taking medications;

(f) After handling pets or other animals;

(g) Before and after use of sensory tables; and

(h) At any other time their hands become soiled.

**6 CCR 1010-7:6-203**  
**6 Colo. Code Regs. 1010-7:6-203**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-203. Infant Handwashing.**

Infants shall have their hands washed with soap and running water, an individual clean, disposable cloth that contains soap, or the use of soap and warm water solution dispensed from a cleaned spray bottle, followed by a rinse

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_ 1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health before drying or rinsed with a separate clean, disposable cloth before drying;

(a) After having their diaper changed;

(b) Before and after meals and snacks;

(c) After coming in from outdoors, and;

(d) Whenever their hands become soiled through activities.

**6 CCR 1010-7:6-204**

**6 Colo. Code Regs. 1010-7:6-204**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-204. Hand Sanitizers and Wipes.**

The use of hand sanitizers or wipes in lieu of handwashing is not approved for use within the facility. Hand sanitizers or wipes may be used for staff and children three years of age and older and only at times and in areas where handwashing facilities are not available, such as while out of doors in remote locations. Hand sanitizers and wipes shall be stored out of reach of children.

**6 CCR 1010-7:6-205**

**6 Colo. Code Regs. 1010-7:6-205**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-205. Supervision.**

Staff shall supervise children's handwashing to assure adequacy of the procedure.

**6 CCR 1010-7:6-206**

**6 Colo. Code Regs. 1010-7:6-206**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-206. Cleanliness.**

All staff members shall practice good personal hygiene in order to reduce the potential for disease transmission.

**6 CCR 1010-7:6-207**

**6 Colo. Code Regs. 1010-7:6-207**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-207. Staff Clothing.**

All staff members shall wear clean outer garments. Staff members involved in both child care and food preparation shall wear a clean smock whenever they are involved with kitchen food preparation.

**6 CCR 1010-7:6-208**

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health  
6 Colo. Code Regs. 1010-7:6-208Alternatively cited as 6 CO ADC 1010-7

1010-7:6-208. Personal Articles.

Personal articles, such as combs, toothbrushes, pacifiers, washcloths, etc., shall be individually identified and shall be stored in a sanitary manner so as not to contaminate or come into contact with the personal hygiene articles of another child. Personal articles shall not be shared between children.

6 CCR 1010-7:6-209

6 Colo. Code Regs. 1010-7:6-209Alternatively cited as 6 CO ADC 1010-7

1010-7:6-209. Dress-up Clothing.

Dress-up clothing, wigs and hats shall be washable and shall be maintained in a clean condition.

6 CCR 1010-7:6-210

6 Colo. Code Regs. 1010-7:6-210Alternatively cited as 6 CO ADC 1010-7

1010-7:6-210. Sensory Tables.

Sensory tables, and other play tables shall be maintained in a clean and sanitary manner. Sensory tables, when filled with water, shall be emptied after use by each group of children or at least daily. If organic materials are used in sensory tables, the materials may be used for a maximum of one week and then the materials shall be discarded.

6 CCR 1010-7:6-211

6 Colo. Code Regs. 1010-7:6-211Alternatively cited as 6 CO ADC 1010-7

1010-7:6-211. Toys.

All toys shall be maintained in a clean and sanitary condition.

6 CCR 1010-7:6-301

6 Colo. Code Regs. 1010-7:6-301Alternatively cited as 6 CO ADC 1010-7

1010-7:6-301. Storage.

Medication shall be inaccessible to children and shall be stored in the original container in a controlled area separated from food, cleaning compounds and other toxic substances. If refrigeration is required, the medication shall be stored:

(a) In a separate refrigerator maintained for that purpose only, or

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health

(b) In an impervious secondary container in a designated area of a food storage refrigerator, separated from food and inaccessible to children.

**6 CCR 1010-7:6-302**

**6 Colo. Code Regs. 1010-7:6-302**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-302.**

Basic First Aid Equipment and medical supplies, including gauze pads, rolled gauze, adhesive tape, cold pack, plastic bags, disposable gloves, band-aids, handcleaner for staff, and scissors, shall be provided and kept in clean storage, conveniently available for emergency use.

(a) Neither syrup of ipecac and/or activated charcoal shall be administered without first being directed by a licensed physician or a poison control center.

(b) First aid supplies and equipment with an expiration date shall be discarded and replaced once that date has passed.

**6 CCR 1010-7:6-401**

**6 Colo. Code Regs. 1010-7:6-401**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-401. Acceptance:**

Acceptance of sanitizers and disinfectants shall be determined by the following requirements:

(a) The chemical is registered with the U.S. Environmental Protection Agency and the use of the chemical is in accordance with labeled instructions, including:

1) Concentration

2) Contact time

3) Method and

4) Surfaces; and

(b) Sanitizers and disinfectants shall meet the formulation, concentration and application requirements of the Department.

**6 CCR 1010-7:6-402**

**6 Colo. Code Regs. 1010-7:6-402**Alternatively cited as 6 CO ADC 1010-7

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health  
1010-7:6-402. Use.

(a) Sanitizers and disinfectants are not to be used in place of soaps, detergents or other cleaning compounds that are intended and utilized to remove soil from surfaces, unless specifically formulated as a cleaner sanitizer or a cleaner disinfectant.

(b) Sanitizers are to be used in accordance with Section 7-101 in kitchens and other food service areas.

(c) Sanitizers are to be used on surfaces that commonly come into contact with food, hands, the mouth, eyes, nose, and exposed skin of children and staff. These surfaces include kitchen surfaces, infant food preparation areas, drinking fountains, table tops, keyboards, toys, sleeping mats, cribs, high chairs, head phones, tumbling mats and furniture.

(d) Disinfectants are to be used on surfaces that are commonly contaminated with high hazard body fluids, such as but not limited to toilet inserts, diaper changing areas and tables, diaper pails and surfaces that have been in contact with high hazard body fluids.

**6 CCR 1010-7:6-403**

**6 Colo. Code Regs. 1010-7:6-403**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-403. Frequency.**

(a) The frequency of sanitizer use for food contact surfaces shall be in accordance with the requirements of Section 7-101.

(b) Toys that are not mouthed or otherwise contaminated by body fluids shall be cleaned and sanitized at least once a week and whenever visibly soiled.

(c) Toys that are placed in children's mouths or are otherwise contaminated by body fluids shall be cleaned and sanitized prior to use by another child.

(d) The frequency of disinfectant use shall be in accordance with the requirements of Section 8-403 or immediately upon clean up of or contact with high hazard body fluids.

**6 CCR 1010-7:6-404**

**6 Colo. Code Regs. 1010-7:6-404**Alternatively cited as 6 CO ADC 1010-7

**1010-7:6-404. Concentrations and Contact Time.**

(a) Sanitizers:

Current through CR, Vol. 37, No. 9, May 10, 2014.

Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health

- 1) Shall be mixed and used according to the label instructions, including concentration and contact time,
- 2) If used as a sanitizer, household bleach, containing 5.25% sodium hypochlorite shall be mixed at one (1) tablespoon per gallon of water. Household bleach containing 6.00% sodium hypochlorite, shall be mixed at two and a half (2 ½ ) teaspoons per gallon of water. Both solutions shall be between 50 - 200 ppm chlorine and shall have a contact time of at least one minute, and
- 3) Shall be formulated so as not to include nor require a final rinse with potable water.

(b) Disinfectants:

- 1) Must be mixed and used according to the manufacturer's label and instructions, including concentration and contact time,
- 2) If used as a disinfectant, household bleach, containing 5.25% sodium hypochlorite, shall be mixed at one-quarter ( ¼ ) cup per gallon of water. Household bleach containing 6.00% sodium hypochlorite, shall be mixed at three and a quarter (3 ¼ ) tablespoons per gallon of water. Both solutions shall have a contact time of at least one minute, and

(c) Household bleach used to mix sanitizers and disinfectants shall be free of compounds used to enhance the scent or odor of the product.

**6 CCR 1010-7:6-405**  
**6 Colo. Code Regs. 1010-7:6-405**Alternatively cited as **6 CO ADC 1010-7**  
**1010-7:6-405. Test Kits.**

Test kits shall be provided and used to verify sanitizers are maintained and used at required concentrations. Solutions need to be prepared or tested at a minimum frequency of once per day.

**6 CCR 1010-7:6-406**  
**6 Colo. Code Regs. 1010-7:6-406**Alternatively cited as **6 CO ADC 1010-7**  
**1010-7:6-406. Storage and Labeling.**

(a) Bulk and working containers of sanitizers and disinfectants shall be stored inaccessible to children. Working containers of sanitizers and disinfectants shall be easily accessible for use by caregivers.



Colorado Administrative Code \_Title 1000. Department of Public Health and Environment\_  
1010. Division of Environmental Health and Sustainability\_6 CCR 1010-7. Health and Sanitation of  
Child Care Facilities in the State of Colorado\_Chapter Six. Disease Prevention\_Personal Health

(b) Secondary containers of sanitizers and disinfectants shall be labeled as to their content and their intended use (i.e., sanitizer/toys & tables; disinfectant/restrooms)